

# Introducing Web to "No Answer" Cell Phone Numbers: A Pilot for the Behavioral Risk Factor Surveillance System (BRFSS)

Ting Yan, Gina Shkodriani, Reanne Townsend, Westat

Machell Town, William Garvin, Centers for Disease Control and Prevention

### **Disclaimer**

> The findings and conclusions in this presentation are those of the authors and should not be construed to represent any official CDC determination or policy.

### **Behavioral Risk Factor Surveillance System (BRFSS)**

- Nation's premier system of health-related telephone surveys
- > Collects state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services
- Since 2011, the BRFSS has been conducting both landline telephoneand cell phone-based surveys
  - Dual frames: landline and cell phone RDD
  - Computer-assisted Telephone Interviewing (CATI)

### BRFSS (2)

### > Declining response rates

- 2021 response rates range from 24% to 61% with a mean of 45% (CDC, 2022)
- Close to half of sampled cell phone numbers were not reached and had an unknown eligibility status (CDC, 2022)
  - "no answer," "cell blocking," "answering device" and so on

State	2021 RR	% eligibility unknown
TN	36.2	52.5
AZ	40.5	53.3
WA	41.7	54.6
WV	42.6	51.8
ОК	45.4	42.5
WI	51.2	39.0

### BRFSS (3)

- > A pilot study was conducted to test how feasible it was to invite cell phone numbers finalized as "no answer" to complete BRFSS online
  - Response rate
    - Address quality
  - Breakoffs

### **BRFSS Pilot Study**

- > Sample for pilot
  - 4,651 cell phone numbers from six states that were part of the BRFSS cell phone samples and finalized as "No Answer"
  - All matched with an address by vendor
- Invited to complete BRFSS online through a series of three mailings
- > Two experiments included to test impact of wording and framing on response rate
- Data collection: October 24, 2022 to November 21, 2022

State	Sample Count
TN	500
AZ	1,069
WA	1,029
WV	478
ОК	547
WI	1,028

## **BRFSS Pilot Study (2)**

Day 0 Postcard Invitation



Day 7 (+7) Letter Invitation



Day 14 (+7) Reminder Postcard



Day 28 (+14) Survey Close

- -Fold-over postcard
- -URL + PIN
- -Promised incentive
- -Upcoming letter with cash incentive

- -Letter
- -URL + PIN
- -\$5 cash
- -Promised incentive
- -FAQ

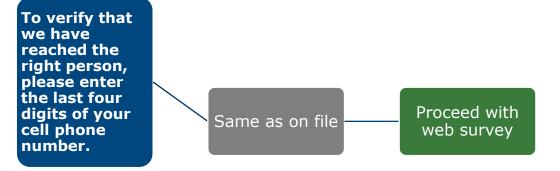
- -Fold-over postcard
- -URL + PIN
- -Promised incentive

### **BRFSS Pilot Study (3)**

- > 2\*2 factorial experimental Design
  - Incentive wording
    - **Gain**: "In addition to the cash gift, you will <u>also get a \$10 Amazon.com</u> <u>Gift Card</u> for completing the web survey."
    - **Loss:** "If you choose to <u>not</u> complete the web survey you will <u>lose the</u> <u>opportunity to receive an additional \$10 Amazon.com Gift Card."</u>
  - Framing of survey request
    - **Appeal:** "Your participation in this study is important to ensure that people like you can be heard."
    - **Loss:** "The information we gather will be <u>less useful if we don't hear from you</u>."

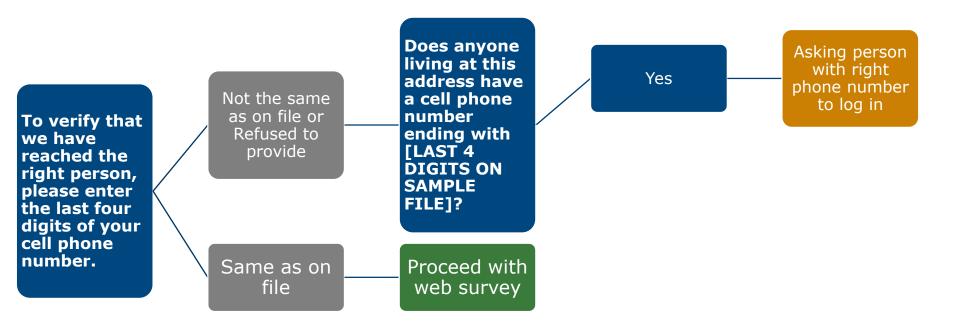
### **BRFSS Pilot Study (4)**

> Web instrument verification



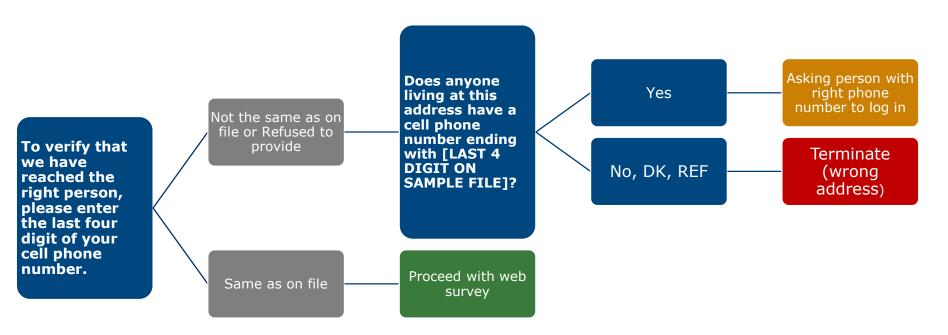
### **BRFSS Pilot Study (4)**

#### > Web instrument verification



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#### > Web instrument verification



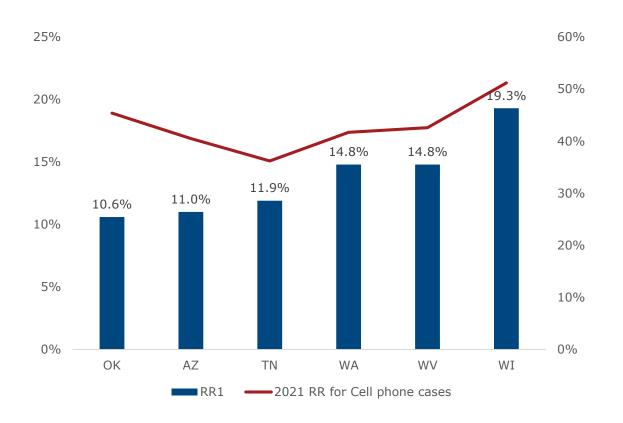


# **Result: Response Rate**

# Response Status and Overall Response Rate

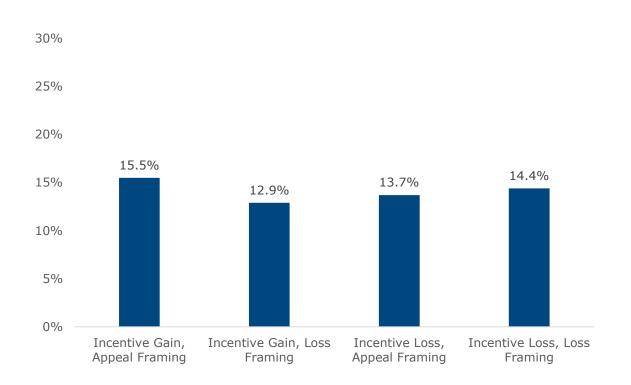
Status	Number of addresses (%)		Response Rate (RR1)
Completes	602	(13%)	14.1%
Nonresponse	3,661	(79%)	
Ineligible: Wrong address	265	(6%)	
Ineligible: Postal Undeliverable	123	(3%)	
Total	4,659		

### **Response Rate by State**



- WI highest RR to web survey (also highest 2021 cell phone RR)
- > WI's RR sig. higher than TN, AZ, and OK
- OK lowest RR to web survey

### **Response Rate by Experimental Conditions**

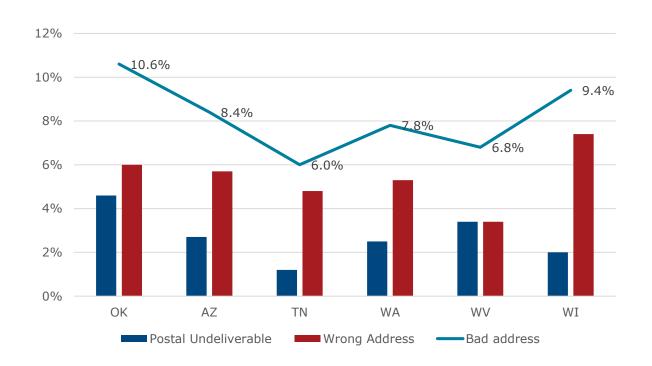


- > RR did not differ by incentive wording
- > RR did not differ by framing of survey request
- Highest RR for "gain" incentive wording and "appeal" framing
- Lowest RR for "gain" incentive wording and "loss" framing



# **Result: Address Quality**

### **Bad Addresses by State**

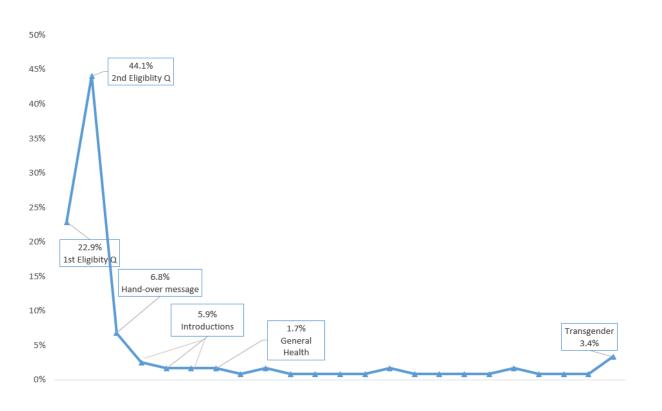


- > States vary in percent of postal undeliverables and wrong addresses matched to cell phone number
- OK has the most bad addresses (and lowest RR)



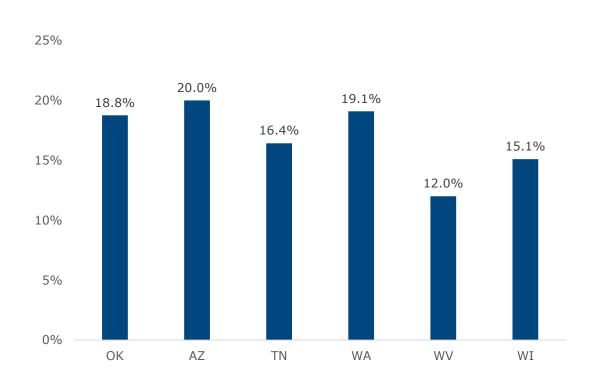
# **Result: Breakoffs**

### **Overall Breakoff**



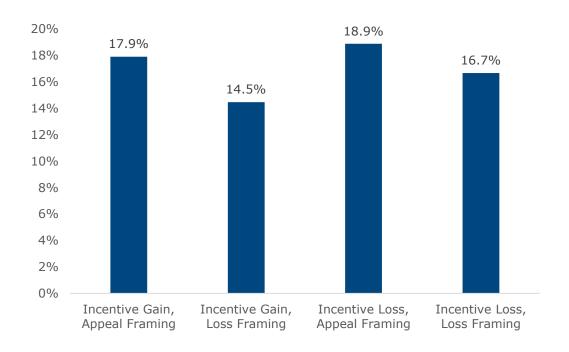
- > Among 726
  starting the web
  survey, 124 didn't
  complete it, a
  breakoff rate of
  17.1%
- Close to 75% of breakoffs occurred at verification stage
- > Excluding them leads to a breakoff rate of 5%

### **Breakoff Rate by State**



- > WV has the lowest breakoff rate, followed by WI
  - WV and WI also have highest and second highest response rate
- > AZ and OK higher breakoff rate, lower response rate

### **Breakoff Rate by Experimental Conditions**



> Breakoff rate did not differ by experimental conditions

### **Conclusions**

- > It is feasible to invite "No Answer" cell phone numbers to complete BRFSS online
  - Overall RR of 14% with three mailings
  - Breakoff rate of 5% if not counting breakoffs at verification stage
- > Close to 10% of matched addresses are not useful
- > Wording of incentive as gain vs. loss did not affect response rate and breakoff rate
- > Framing of survey request as appeal vs. loss did not affect response rate and breakoff rate
- > States vary in response rate and address quality

### **Discussion**

- > A multimode design for cellphone samples
  - "No Answer" is among the unknown eligibility category, which is about half of sampled phone numbers
  - It is viable to use matched addresses to invite them to a different mode
- > Research needed on how to verify cell phone numbers without incurring breakoffs
- Continued research on how to improve response rate



# **Thank You**

tingyan@Westat.com