

National Hockey League (NHL): 22 Metro Areas in the United States and Seven in Canada Have Hockey Teams

| | Location | Pacific Division | Central Division | Atlantic Division | Metropolitan Division | Population Estimate 2021 |
|----|---|------------------|------------------|-------------------|-----------------------|--------------------------|
| | 2021 U.S. population estimate (Top 50 metro areas listed) | | | | | 331,893,745 |
| | 2021 Canadian population estimate (Seven metro areas listed) | | | | | 38,226,498 |
| 1 | New York-Newark-Jersey City, NY-NJ-PA metro area ¹ | | | | | 19,768,458 |
| | New York–Jersey City–White Plains, NY–NJ metro division | | | | NY Rangers | 12,076,970 |
| | Newark, NJ–PA metro division | | | | New Jersey | 2,273,431 |
| | Nassau County–Suffolk County, NY metro division | | | | NY Islanders | 2,917,251 |
| 2 | Los Angeles-Long Beach-Anaheim, CA metro area ² | | Los Angeles | | | 12,997,353 |
| | Los Angeles-Long Beach-Glendale, CA metro division | | | | | 9,829,544 |
| | Anaheim-Santa Ana-Irvine, CA metro division | | Anaheim | | | 3,167,809 |
| 3 | Chicago-Naperville-Elgin, IL-IN-WI metro area | | | Chicago | | 9,509,934 |
| 4 | Dallas-Fort Worth-Arlington, TX metro area | | | Dallas | | 7,759,615 |
| 5 | Houston-The Woodlands-Sugar Land, TX metro area | | | | | 7,206,841 |
| | Toronto, Canada metro area ³ | | | Toronto | | 6,547,381 |
| 6 | Washington-Arlington-Alexandria, DC-VA-MD-WV metro area | | | | Washington | 6,356,434 |
| 7 | Philadelphia-Camden-Wilmington, PA-NJ-DE-MD metro area | | | | Philadelphia | 6,228,601 |
| 8 | Atlanta-Sandy Springs-Alpharetta, GA metro area | | | | | 6,144,050 |
| 9 | Miami-Fort Lauderdale-Pompano Beach, FL metro area | | | Florida | | 6,091,747 |
| 10 | Phoenix-Mesa-Chandler, AZ metro area | | Arizona | | | 4,946,145 |
| 11 | Boston-Cambridge-Newton, MA-NH metro area | | | Boston | | 4,899,932 |
| 12 | Riverside-San Bernardino-Ontario, CA metro area | | | | | 4,653,105 |
| 13 | San Francisco-Oakland-Berkeley, CA metro area | | | | | 4,623,264 |
| 14 | Detroit-Warren-Dearborn, MI metro area | | | Detroit | | 4,365,205 |
| | Montréal, Canada metro area ³ | | | Montreal | | 4,340,642 |
| 15 | Seattle-Tacoma-Bellevue, WA metro area ⁴ | Seattle | | | | 4,011,553 |
| 16 | Minneapolis-St. Paul-Bloomington, MN-WI metro area | | Minnesota | | | 3,690,512 |
| 17 | San Diego-Chula Vista-Carlsbad, CA metro area | | | | | 3,286,069 |
| 18 | Tampa-St. Petersburg-Clearwater, FL metro area | | | Tampa Bay | | 3,219,514 |
| 19 | Denver-Aurora-Lakewood, CO metro area | | Colorado | | | 2,972,566 |
| 20 | Baltimore-Columbia-Towson, MD metro area | | | | | 2,838,327 |
| 21 | St. Louis, MO-IL metro area | | St. Louis | | | 2,809,299 |
| 22 | Charlotte-Concord-Gastonia, NC-SC metro area | | | | | 2,701,046 |
| 23 | Orlando-Kissimmee-Sanford, FL metro area | | | | | 2,691,925 |
| 24 | San Antonio-New Braunfels, TX metro area | | | | | 2,601,788 |
| 25 | Portland-Vancouver-Hillsboro, OR-WA metro area | | | | | 2,511,612 |
| | Vancouver, Canada metro area ³ | Vancouver | | | | 2,764,932 |
| 26 | Sacramento-Roseville-Folsom, CA metro area | | | | | 2,411,428 |
| 27 | Pittsburgh, PA metro area | | | Pittsburgh | | 2,353,538 |
| 28 | Austin-Round Rock-Georgetown, TX metro area | | | | | 2,352,426 |
| 29 | Las Vegas-Henderson-Paradise, NV metro area | Vegas | | | | 2,292,476 |
| 30 | Cincinnati, OH-KY-IN metro area | | | | | 2,259,935 |
| 31 | Kansas City, MO-KS metro area | | | | | 2,199,490 |
| 32 | Columbus, OH metro area | | | Columbus | | 2,151,017 |
| 33 | Indianapolis-Carmel-Anderson, IN metro area | | | | | 2,126,804 |
| 34 | Cleveland-Elyria, OH metro area | | | | | 2,075,662 |
| 35 | Nashville-Davidson-Murfreesboro-Franklin, TN metro area | | Nashville | | | 2,012,476 |
| 36 | San Jose-Sunnyvale-Santa Clara, CA metro area | San Jose | | | | 1,952,185 |
| 37 | Virginia Beach-Norfolk-Newport News, VA-NC metro area | | | | | 1,803,328 |
| 38 | Providence-Warwick, RI-MA metro area | | | | | 1,675,774 |
| 39 | Jacksonville, FL metro area | | | | | 1,637,666 |
| 40 | Oklahoma City, OK metro area | | | | | 1,566,487 |
| | Calgary, Canada metro area ³ | Calgary | | | | 1,558,588 |
| | Edmonton, Canada metro area ³ | Edmonton | | | | 1,480,159 |
| | Ottawa-Gatineau, Canada metro area ³ | | | Ottawa | | 1,474,077 |
| 41 | Milwaukee-Waukesha, WI metro area | | | | Carolina | 1,448,411 |
| 42 | Raleigh-Cary, NC metro area | | | | | 1,441,647 |
| 43 | Memphis, TN-MS-AR metro area | | | | | 1,336,103 |
| 44 | Richmond, VA metro area | | | | | 1,324,062 |
| 45 | Louisville/Jefferson County, KY-IN metro area | | | | | 1,284,566 |
| 46 | Salt Lake City, UT metro area | | | | | 1,263,061 |
| 47 | New Orleans-Metairie, LA metro area | | | | | 1,261,726 |
| 48 | Hartford-East Hartford-Middletown, CT metro area | | | | | 1,211,906 |
| 49 | Buffalo-Cheektowaga, NY metro area | | Buffalo | | | 1,162,336 |
| 50 | Birmingham-Hoover, AL metro area | | | | | 1,114,262 |
| | Winnipeg, Canada metro area ³ | | Winnipeg | | | 858,848 |

¹ Metro area 1 has three teams.

² Metro area 2 has two teams.

³ Statistics are from the 2021 Canadian Population Estimates.

⁴ Seattle's expansion team began play in the 2021–2022 season.

 U.S. metros with two or more teams.

 U.S. metros with one NHL team.

 U.S. metros with no NHL teams.