

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): 2021

Survey of Income and Program Participation Snapshots

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1 in 4 children aged 0 to 4 years received WIC benefits.

Approximately 10 percent of households with at least one child aged 0 to 17 years participated in WIC, and 19 percent of households with three or more children aged 0 to 17 years received WIC.

4 in 5 WIC recipients had health insurance through Medicaid or the Children's Health Insurance Program (CHIP).

Other common benefits received by WIC recipients include the Supplemental Nutrition Assistance Program (SNAP, 46 percent) and energy assistance (12 percent).

1 in 2 adults covered by WIC benefits had attended at least some college classes.

This ratio is compared to nearly 63 percent of all adults. About 84 percent of adults covered by WIC benefits had at least a high school degree and about 27 percent had a college degree compared to nearly 91 percent and 45 percent of all adults, respectively.

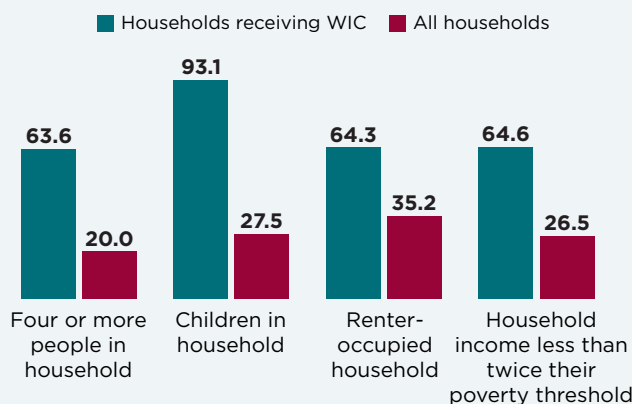
What is WIC?

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides participants with an Electronic Benefits Transfer (EBT) card for supplemental foods, nutrition education, and screening and referrals to other support services. The benefits can be received by women (while pregnant and up to 1 year post-pregnancy) as well as children under the age of 5.

More information on WIC and other social safety net programs is available in [fact sheets](#), [detailed program participation tables](#), [interactive data visualizations](#), and [reports](#).

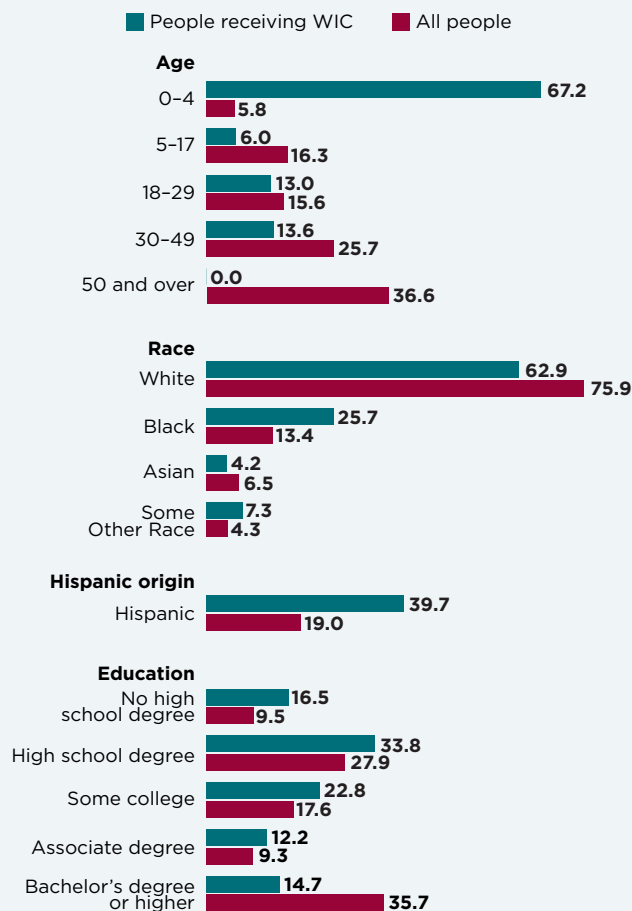
Select Characteristics of Households Receiving WIC Compared to all Households: 2021

(In percent)



Characteristics of WIC Recipients Compared to all People: 2021

(In percent)



Note: Education results restricted to adults aged 18 and over.